

Spring 2026



PROGRAM GUIDE





Greetings Imperial Beach!

Welcome to the Spring edition of the Imperial Beach Parks, Recreation and Community Services (PRCS) Department's Program Guide!

PRCS had a wonderful time celebrating the holidays with the residents and visitors of Imperial Beach. Small Town Holiday & Tree Lighting was an exciting event filled with free activities, hot cocoa and cookies, holiday lights, and even Santa!

The celebration continued with Reindeer Dash, a fun run held at Veterans Park Multipurpose Turf Field with over 150 participants. After families crossed the finish line, they received medals, enjoyed special treats from event sponsors, and jumped for joy in the bounce house.

PRCS is ready for spring and the warm weather it brings. We encourage you to visit one of our parks for a picnic, take a stroll down the pier at sunset, or go bird watching at the Tijuana Estuary.

Mark your calendars for Día de los Niños! This event is the perfect opportunity to get outside with the family. Enjoy face painting, bubbles, crafts, and a variety of activities for free! Visit page 5 for all the details.

Spring is the perfect time to check out the Intergenerational Community Garden at Veterans Park. Fruit and vegetable plants are beginning to sprout, and butterflies are ready to emerge from their chrysalis.

Kids Crafternoon returns this season! Kids ages 6 - 12 are invited to join us for an afternoon of crafting fun. Don't miss out on an opportunity to bring your imagination to life in this hands-on arts and crafts class.

We are excited for spring programming and hope to see you at one of our classes or events this season!

Parks, Recreation and Community Services Department

General Information

Parks, Recreation & Community Services & Senior Community Center

1075 8th Street, Imperial Beach, CA 91932

PRCS: (619) 423 - 8285

Senior Community Center: (619) 424 - 7077

parksandrec@imperialbeachca.gov

Office Hours: Monday - Friday 9:00 am - 5:00 pm

**Contact Information for the
Parks, Recreation & Community
Services Department**

PRCS Department

parksandrec@imperialbeachca.gov

PRCS Supervisor - Fa'amalo "Malo" Lutu

mlutu@imperialbeachca.gov

PRCS Coordinator II - Crystal Celis

ccelis@imperialbeachca.gov

PRCS Coordinator - Angelina Trujillo

atrujillo@imperialbeachca.gov

PRCS Coordinator - Carlos Carrillo

ccarrillo@imperialbeachca.gov

**Recreation Specialist
Senior Community Center**

Joanne Norden

REGISTRATION

PROGRAM & ACTIVITY INFORMATION Youth, Adult & Senior Classes



SPRING SESSION Feb 23 - April 18	QUARTERLY April 1 - June 30	MONTHLY Month-to-Month	DAILY Day-to-Day
Registration Period: Feb 9 - March 7	Registration Period: March 16 - June 30	Registration Period: Two weeks before the class begins	Registration Period: Specific to class day

CLASS INFORMATION

Sessions

These classes run on a seasonal eight-week session. Registration opens two weeks before the class start date and continues through the first two calendar weeks of the session.

Quarterly

These classes run quarterly. Registration opens two calendar weeks before the quarter start date and continues until the end of the quarterly period.

Monthly

These classes run monthly. Registration opens two weeks before the class start date and continues through the first week of the month.

Daily

These classes are open for registration the day of the class.

RESIDENT & NON-RESIDENT RATES

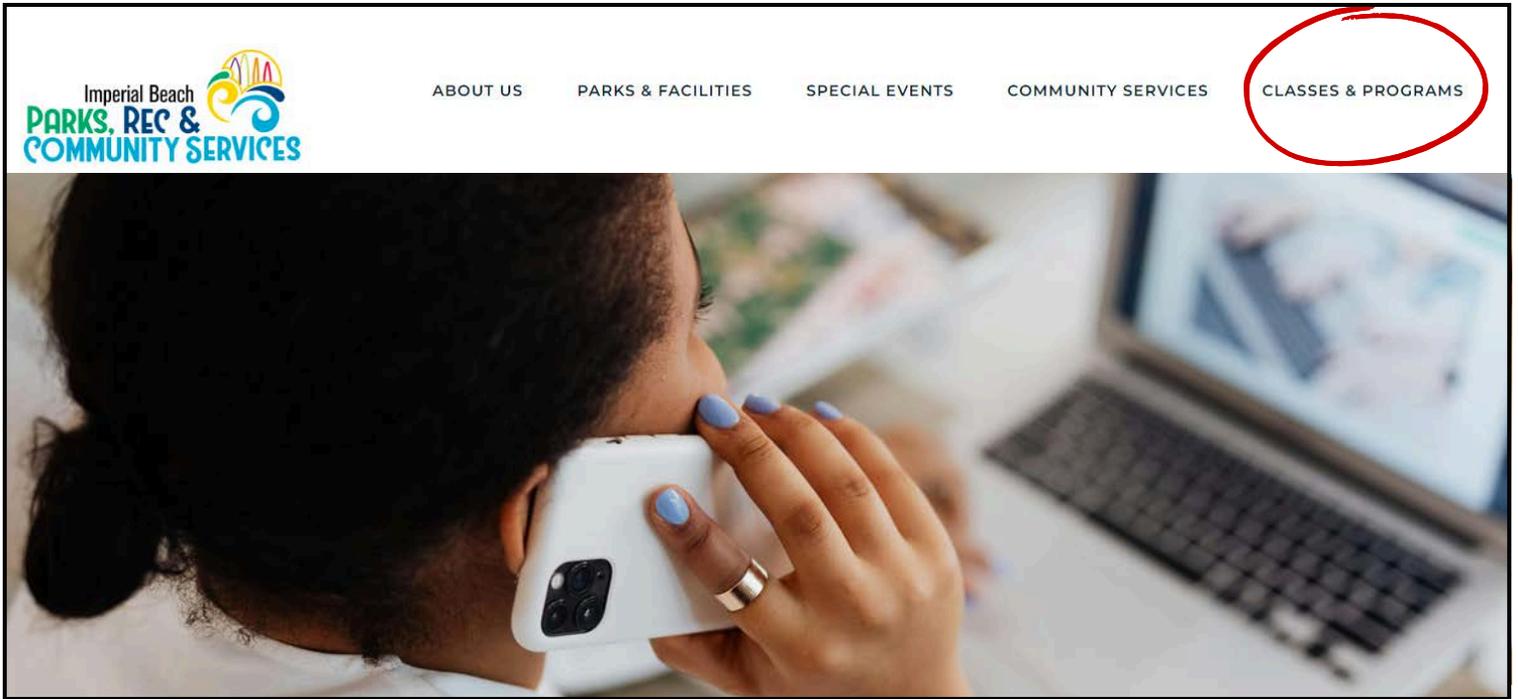
Imperial Beach residents qualify for a resident rate for most programs, classes, park rentals, and activities. Proof of residency is required. Addresses that are outside of the incorporated city limits do not qualify for the resident rate. Resident and non-resident rates are listed in the guide as (R) and (NR).

WAITING LIST

In the event that a class is full, a patron may be added to the class/program waiting list. There is a 24-hour return contact policy for all wait lists. If the patron is contacted via email/phone and does not respond within 24 hours, the space in the class will be made available to the next person on the waiting list. It is the responsibility of the patron to make sure account contact information is accurate. Emails/calls will be made in waitlist order.

**All City Administrative Offices and the Senior Community Center will be closed
Monday, February 16th, Tuesday, March 31st, and Monday, May 25th.**

REGISTRATION



ONLINE

www.ibparksandrec.org

Step 1:

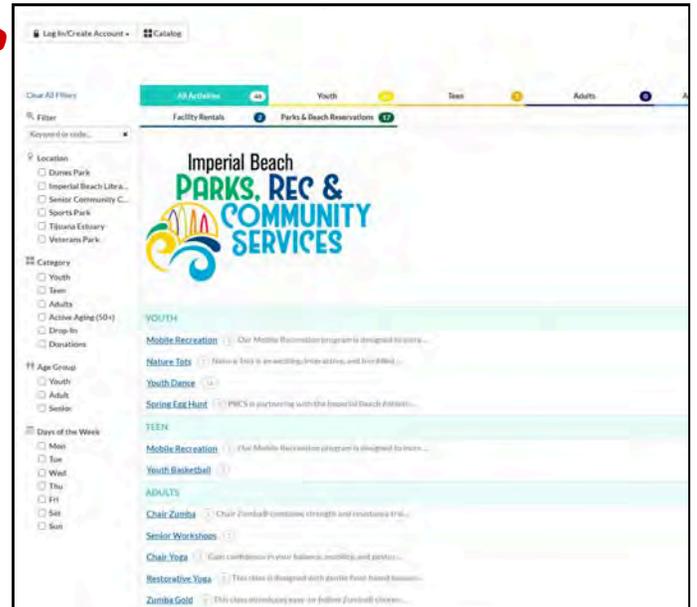
Create a CivicRec account

Step 2:

Browse our programs and classes

Step 3:

Register on your phone, tablet, or computer



IN PERSON

Senior Community Center

1075 8th Street
Imperial Beach, CA 91932

Office Registration Hours:

Monday - Friday: 9:00 am - 5:00 pm
Saturday - Sunday: Closed

WE'RE HAPPY TO HELP!

As always, if you have any questions or need help registering, give us a call!

(619) 423 - 8285

THANK YOU

TO OUR WINTER EVENT SPONSORS

Our Winter community events such as Small Town Holiday & Tree Lighting and Reindeer Dash were made possible through the support of event sponsors. A special thank you to San Diego Community Power, Wyverd Fiber, Dalton Hyundai, Crosby Home Team, Sammy's Restaurant & Bar, The Foley Group, and Costa Modern Properties.



SAVE THE DATE

SPRING EGG HUNT

Saturday, March 28th

10:00 am - 12:00 pm



Get your baskets ready for an egg hunt you won't want to miss! Join Imperial Beach Athletic Club (IBAC) and the Imperial Beach Parks, Recreation and Community Services Department for a morning of fun! Youth ages 12 years and under are invited to this free spring event held at the Sports Park Softball Field. Registration is required.

Sports Park Softball Field
425 Imperial Beach Blvd., Imperial Beach



DÍA DE LOS NIÑOS

Saturday, April 25th

11:00 am - 2:00 pm



Visit Veterans Park to celebrate El Día de los Niños / Day of the Children! This free family event, hosted by the Imperial Beach Parks, Recreation and Community Services Department and the San Diego County Library, will feature live music, food trucks, face painting, crafts, and activities for the whole family!

Veterans Park
1075 8th Street, Imperial Beach

WE WANT YOUR INPUT!

The Imperial Beach Parks, Recreation and Community Services Department needs help from the community on choosing programs for the newly remodeled Sports Park Recreation Center! Complete the survey at the link below or scan the QR code.



<https://tinyurl.com/IBSportsParkRecCenterSurvey>



For more information:
(619) 423 - 8285
www.ibparksandrec.org



NATURE IN THE CITY

FREE

NATURE TOTS



Nature Tots is a free, fun, and interactive educational program designed for children ages 2 - 5 years and their caregivers. Through a partnership between the Imperial Beach Parks, Recreation and Community Services Department, the Imperial Beach County of San Diego Library and U.S. Fish and Wildlife, the Nature Tot program brings nature-loving families together through wildlife discovery, nature book readings, sensory play, and nature related crafts. No registration required.

In partnership with:



Days	Times	Ages	Location
4th Thursday of the month	10:30 am - 11:30 am	2 - 5	County of San Diego Library 810 Imperial Beach Boulevard

FREE

NATURE PLAY IN THE PARK

The City of Imperial Beach Parks, Recreation and Community Services Department has partnered with U.S. Fish and Wildlife and the Imperial Beach County of San Diego Library to bring youth and families of all ages the opportunity to participate in Mobile Recreation Nature Play. Enjoy free interactive games provided by the Mobile Rec Crew as well as nature inspired arts and crafts with a U.S. Fish and Wildlife Ranger. No registration required. Program is subject to cancellation due to outdoor weather conditions.

In partnership with:



Days	Times	Ages	Location
2nd Thursday of the month	3:30 pm - 5:00 pm	All Ages	Veterans Park

NATURE IN THE CITY

FREE

SCIENCE IN THE PARK

Kids are natural scientists but sometimes it can get messy! Bring them to the park this season with the IB Rec Crew where they can have fun and learn about science. This program will be held once a month outdoors and each science day will be different. Classes are subject to cancellation due to outdoor weather conditions.



LIMITED SPACE AVAILABLE! REGISTER ONLINE TO SAVE YOUR SPOT!
www.ibparksandrec.org

Days	Times	Ages	Location
3rd Wednesday of the month	3:30 pm - 4:30 pm	6-12	Veterans Park

FREE

Nature Backpack

YOUTH & ADULT NATURE BACKPACKS

Check out a youth or adult nature backpack for up to 2 weeks (14 calendar days) and explore nature all around Imperial Beach!

Nature Backpacks may include:

- First aid kit
- Pedometer
- Flashlight
- Compass
- Binoculars
- Magnifying Glass
- 6-inch ruler
- Bug observer
- Informational recreation guides and maps
- Trekking Poles

To check out a nature backpack, contact the PRCS Department by phone at (619) 423-8285 or by email at parksandrec@imperialbeachca.gov.



NATURE IN THE CITY

ADULT NATURE BOOK CLUB



Join us and our partners at the Tijuana Estuary Training Center as we host a monthly Adult Nature Book Club. Registration is required. Free coffee and snacks.



TIJUANA ESTUARY
TIJUANA RIVER
NATIONAL ESTUARINE
RESEARCH RESERVE



SAN DIEGO
County Library
Create Your Own Story



Days	Ages	Times	Location	Fee
4th Saturday of the month	18+	10:00 am - 11:30 am	Tijuana Estuary Training Center 301 Caspian Way, Imperial Beach	Free

MONTHLY DISCUSSIONS

Each meeting we will discuss the book of the month. Even if you have not finished reading the book you are more than welcome to attend.

WHERE TO FIND THE BOOK:

Depending on availability, books can be checked out for free at the Imperial Beach County of San Diego Library, Senior Community Center, your own local library, or you can purchase the book on your own from a bookstore of your choice.

MONTHLY BOOK LIST

BOOK CLUB MEETING DATE	BOOK TITLE & AUTHOR
Saturday, February 28, 2026	<i>H is for Hawk</i> By: Helen Macdonald
Saturday, March 28, 2026	<i>The History of Bees</i> By: Maja Lunde
Saturday, April 25, 2026	<i>Lab Girl</i> By Hope Jahren



JUNIOR RANGERS

Calling all nature explorers!

“Junior Rangers” is back at the Tijuana River National Estuarine Research Reserve (TRNERR). Each session will have different activities for Junior Rangers to discover the amazing plants, wildlife, and cultural heritage of the estuary. They will earn awards such as pins and patches. And it’s **FREE!**



For kids ages 7 - 12
Every Saturday 11:00 am - 12:00 pm
www.trnerr.org



IMPERIAL BEACH COMMUNITY GARDEN



Visit the City of Imperial Beach **Intergenerational Community Garden!** This project was made possible through a partnership with the San Diego County Aging and Independence Services and the Live Well initiative.

The community garden focuses on bringing together diverse intergenerational audiences through hands-on gardening programs, seasonal activities, and educational offerings.

The **Adopt-A-Bed Program**, our newest opportunity for garden volunteers, provides space for the volunteers to work together to bring new growth to the garden. Interested in volunteering? Visit our website to complete an application!

**THE GARDEN IS CURRENTLY OPEN
MONDAY THROUGH FRIDAY 9:00 AM - 5:00 PM
FOR VIEWING ONLY.**

UPCOMING WORKSHOPS & PROGRAMS

Whether you're a seasoned gardener or just starting out, the City offers a variety of garden workshops and programs for all ages and abilities!

Stay up to date on our upcoming garden activities and register for workshops and programs by visiting our website at www.ibparksandrec.org.



For more information on how to get involved at the Imperial Beach Intergenerational Community Garden, visit: www.ibparksandrec.org

YOUTH

YOUTH DANCE

By: IB Dance Company

HIP HOP

Mini

A fun introduction to the basics of hip hop with age appropriate songs and games to encourage development in rhythm, balance, social skills and much more!

Beginner

Hip Hop encompasses a wide range of street styles including breaking, locking and popping. This class for young beginners specifically focuses on developing rhythm and coordination while encouraging individual style.

Location:

Senior Community Center



8-WEEK SPRING SESSION

Level	Date Range	Days	Times	Ages	Fee (R)	Fee (NR)
Mini	2/23/26 - 4/13/26	M	4:10 pm - 5:00 pm	3 - 5	\$90	\$108
Mini	2/25/26 - 4/15/26	W	6:10 pm - 7:00 pm	3 - 5	\$90	\$108
Beg	2/23/26 - 4/13/26	M	5:10 pm - 6:00 pm	6 - 12	\$140	\$168



WHAT CAN I DO IF A CLASS I WANT TO TAKE IS FULL?

Add yourself to the waitlist! We will contact you if a space becomes available.

Review our waitlist guidelines on page 2 for more information.

BALLET/TAP

Mini

A fun introduction to the basics of ballet and tap with age appropriate songs and games to encourage development in rhythm, balance, social skills and much more!

Location:

Senior Community Center

8-WEEK SPRING SESSION

Level	Date Range	Days	Times	Ages	Fee (R)	Fee (NR)
Mini	2/23/26 - 4/13/26	M	6:10 pm - 7:00 pm	3 - 5	\$90	\$108
Mini	2/27/26 - 4/17/26	F	4:00 pm - 4:50 pm	3 - 5	\$90	\$108

Spring Registration Begins: Monday, February 9, 2026 at 9:00 am

YOUTH

YOUTH ENRICHMENT

FREE IB IMPACT SPORTS PROGRAM

IB Impact Sports Program will help develop our next generation of leaders in Imperial Beach. This program will focus on physical activity and leadership through various traditional and non-traditional sports. Additionally, participants will also learn about healthy lifestyles through proven curriculum developed by the National Recreation & Parks Association (NRPA). Registration is required. Classes are subject to cancellation due to outdoor weather conditions.

LOOK FOR THIS PROGRAM TO RETURN SOON

This grant funded program is made possible by:



JUNIOR CREATIVE CHEF



Kids will join us as we create fun themed food with fresh ingredients. Classes will have age-appropriate recipes and activities that range from spring and summer treats to fall and winter snacks. Classes have an emphasis on fun, creativity, and learning.

Location:
Senior Community Center

Dates	Times	Ages	Fee (R)	Fee (NR)
Feb 21	12:30 pm - 1:20 pm	8 - 12	\$25	\$30
March 21	12:30 pm - 1:20 pm	8 - 12	\$25	\$30
April 18	12:30 pm - 1:20 pm	8 - 12	\$25	\$30

IMPERIAL BEACH

JUNIOR LIFEGUARD PROGRAM

Keep a look out! Registration date and time to be announced soon!

Program Dates (3-weeks): June 15th - July 3rd

Monday - Friday 9:00 am - 2:00 pm

Open to ages 9 - 17. This is not a "learn to swim" program and your child will be required to pass a swim test. More information to come soon.



YOUTH ENRICHMENT

FREE

MOBILE REC WITH THE IB REC CREW



Our Mobile Recreation program is designed to increase opportunities for youth and families of all ages to engage in a variety of recreational activities facilitated in a safe environment. The Mobile Rec Crew travels to different parks throughout the City of Imperial Beach and offers a great opportunity for youth and families to meet new friends and participate in fun outdoor activities. No registration required. Program is subject to cancellation due to outdoor weather conditions.

Days	Times	Ages	Location
1st TH	3:30 pm - 5:00 pm	All Ages	Teeple Park
2nd TH	3:30 pm - 5:00 pm	All Ages	Veterans Park
3rd TH	3:30 pm - 5:00 pm	All Ages	Reama Park
4th TH	3:30 pm - 5:00 pm	All Ages	Teeple Park



KIDS CRAFTERNOON

Join us for an afternoon of hands-on arts and crafts that will provide youth an opportunity to be creative. Pay one price for two classes!

Ages 6-12

\$10 RESIDENT
\$12 NON-RESIDENT



Pre-Registration Required
www.ibparksandrec.org
Senior Community Center
1075 8th Street, Imperial Beach

ONE PRICE FOR 2 CLASSES!

March 11

4:00 pm - 4:45 pm

&

March 25

4:00 pm - 4:45 pm

YOUTH

YOUTH SPORTS

TINY ATHLETIC CLUB



Introduce your tiny athlete to sports in our new program. This flag football and soccer class uses age-appropriate games and activities to explore balance, hand eye coordination, fitness and sport skills. **Parent/Guardian participation required.** Classes are subject to cancellation due to outdoor weather conditions.

6 - WEEK YOUTH SPORTS PROGRAM

Location: Veterans Park Multipurpose Turf Field

LOOK FOR THIS PROGRAM TO RETURN SOON

LITTLE GIANTS SPORTS CLUB

Program designed for your children to learn FUN-damental sports skills like throwing, kicking, passing and catching. This program will introduce skills through games of flag football and soccer. **Parent/Guardian participation required.** Classes are subject to cancellation due to outdoor weather conditions.

6 - WEEK YOUTH SPORTS PROGRAM

Location: Veterans Park Multipurpose Turf Field



LOOK FOR THIS PROGRAM TO RETURN SOON

Interested in Teaching a Class in Imperial Beach?

We are looking for contract instructors to teach classes! Visit pages 27 and 28 for details.



YOUTH

YOUTH SPORTS

By: Team Just 4 Kicks

TAEKWONDO

Unleash confidence, discipline, and power in our Team Just for Kicks Taekwondo class. Kickstart your journey to greatness today!

No class Tuesday, March 31st

Location:

Senior Community Center

Daily Fees

Saturday ONLY: \$15 Resident / \$18 Non-Resident



Session	Date Range	Days	Times	Ages	Fee (R)	Fee (NR)
Taekwondo #1	2/24/26 - 3/19/26	T/TH	4:30 pm - 5:30 pm	4+	\$90	\$102
Taekwondo #2	2/24/26 - 3/19/26	T/TH	5:40 pm - 6:40 pm	4+	\$90	\$102
Taekwondo #3	2/28/26 - 3/21/26	SAT	9:30 am - 10:30 am	4+	\$45	\$54
Taekwondo #4	3/24/26 - 4/21/26	T/TH	4:30 pm - 5:30 pm	4+	\$90	\$102
Taekwondo #5	3/24/26 - 4/21/26	T/TH	5:40 pm - 6:40 pm	4+	\$90	\$102
Taekwondo #6	3/28/26 - 4/18/26	SAT	9:30 am - 10:30 am	4+	\$45	\$54



Spring Registration Begins: Monday, February 9, 2026 at 9:00 am

Youth Advisory Committee

MEMBERS NEEDED

2025 - 2026 School Year



The PRCS Department is looking for youth volunteers between the ages of 13 - 17 to serve on a Youth Advisory Committee for three to six months. The committee will assist with providing insight, ideas and feedback on youth and teen parks & recreation programs.

To be eligible to join, you must be a student at an Imperial Beach school or live in Imperial Beach and be between the ages of 13 - 17. Meetings will be held once or twice a month after school.

Community service hours available.

If you are interested in making a difference in your community, making new friends, learning leadership skills, and getting involved with parks and recreation, then we encourage you to apply! For questions, call the PRCS Department at 619 - 423 - 8285.

**AGES
13 - 17**

Apply online at:

<https://tinyurl.com/IBYAC2025-2026>

For more information, email mlutu@imperialbeachca.gov



ENRICHMENT

ART

CHARACTER ILLUSTRATION



The Character Illustration class will teach the fundamental techniques of painting, monochromatic and full color schemes. Young artists will illustrate characters, comic book icons, concept art, and designs on illustration boards in this fun class. **The fee listed is for class registration only. Materials list and fees will be sent to students before class begins.**

Location:
Senior Community Center

Session	Date Range	Days	Times	Ages	Fee (R)	Fee (NR)
Character Illustration #1	2/23/26 - 3/16/26	M	5:00 pm - 5:50 pm	7-13	\$65	\$78
Character Illustration #2	3/23/26 - 4/13/26	M	5:00 pm - 5:50 pm	7-13	\$65	\$78

WATERCOLOR PAINTING WORKSHOP

Join in for a Watercolor Painting Workshop lead by Ed Roeder. All art supplies will be provided. This workshop will take place at the Bayshore Bikeway overlooking the Otay River and San Diego Bay. Participants can enter through the Imperial Beach Public Works Yard. Details on the exact meeting location will be disclosed a few days prior to the workshop.



Location:
Public Works 495 10th Street

Date	Times	Ages	Fee (R)	Fee (NR)
Saturday, April 18th	9:30 am - 12:30 pm	50+	\$15	\$18

ARTS & CRAFTS



Work on your own project, share ideas with others, or discover a new art form at our weekly arts & crafts social.

No programs Monday, February 16th and Monday, May 25th.

Location:
Senior Community Center

Days	Times	Ages	Daily Fee
M	9:30 am - 11:00 am	50+	Free

Spring Registration Begins: Monday, February 9, 2026 at 9:00 am



KIDS & GUARDIANS WORKSHOPS

BIRD FEEDER WORKSHOP



Kids and guardians are invited to this Bird Feeder Workshop! Work together to create a bird feeder using terracotta clay pots and various art materials.

Each registration includes one child and one guardian

One set of supplies per registration

Location:
Senior Community Center

Date	Times	Ages	Fee (R)	Fee (NR)
Saturday, April 11th	10:30 am - 12:00 pm	All Ages	\$15	\$18

GRANDPARENT & GRANDCHILD WORKSHOPS

PRESSED FLOWER LANTERN WORKSHOP

Grandparents and Grandchildren are invited to create Pressed Flower Lanterns! We will provide all materials and supplies for your creations.

Each registration includes one child and one grandparent

One set of supplies per registration

Location:
Senior Community Center



Date	Times	Ages	Fee (R)	Fee (NR)
Saturday, February 28th	10:30 am - 12:00 pm	All Ages	\$15	\$18



Intergenerational workshops are open to all ages.

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Register in-person at the Senior Community Center
or visit our website at www.ibparksandrec.org

WORKSHOPS

SENIOR WORKSHOPS

FREE SMARTPHONE ESSENTIALS AND CYBERSECURITY WORKSHOP



San Diego Seniors Community Foundation (SDSCF) is excited to offer their Smartphone Essentials & Cybersecurity Workshop Series. This is a powerful, hands on learning experience designed to help older adults stay connected, confident, and protected in the digital age.

Location:
Senior Community Center

Date	Times	Ages	Fee
Tuesday, February 10th	1:30 pm - 2:30 pm	50+	Free
Tuesday, February 24th	1:30 pm - 2:30 pm	50+	Free

FREE SPRING GLASS FLOAT BUOY WORKSHOP



Create beautiful nautical decor at this Spring Glass Float Buoy workshop! All skill levels welcome. All materials will be provided. Registration is required.

Location:
Senior Community Center

Date	Times	Ages	Fee
Wednesday, March 18th	2:00 pm - 4:30 pm	50+	Free

WATERCOLOR PAINTING WORKSHOP

Join in for a Watercolor Painting Workshop lead by Ed Roeder. All art supplies will be provided. This workshop will take place at the Bayshore Bikeway overlooking the Otay River and San Diego Bay. Participants can enter through the Imperial Beach Public Works Yard. Details on the exact meeting location will be disclosed a few days prior to the workshop.

Location:
Public Works 495 10th Street



Date	Times	Ages	Fee (R)	Fee (NR)
Saturday, April 18th	9:30 am - 12:30 pm	50+	\$15	\$18

ADULTS 50 & BETTER

ADULTS 50+ FITNESS

RESTORATIVE YOGA

This class is designed with gentle floor-based sequences using props that support the practitioner to fully relax the muscles, slow down the mental activity of the brain, shift emotional patterns, and tune into the nervous system's healing capacity.

No class Tuesday, March 31st

Location:
Senior Community Center



Days	Times	Ages	Fee (R)	Fee (NR)
T	10:00 am - 10:50 am	50+	Daily: \$6 Monthly: \$20	Daily: \$8 Monthly: \$24

CHAIR YOGA



Gain confidence in your balance, mobility, and posture, all while sitting comfortably in a chair. This class is great for beginners or people with limited flexibility.

Location:
Senior Community Center

Days	Times	Ages	Fee (R)	Fee (NR)
TH	10:00 am - 10:50 am	50+	Daily: \$6 Monthly: \$20	Daily: \$8 Monthly: \$24



INTERESTED IN TEACHING A CLASS IN IMPERIAL BEACH?

We are looking for contract instructors to teach classes and workshops! Visit pages 27 and 28 for details.

ADULTS 50 & BETTER

ADULTS 50+ FITNESS

FREE TAI CHI



This outdoor class involves a series of slow, rhythmic movements, aimed to promote relaxation and reduce stress. The exercises done in class are low-impact and help you gain flexibility, balance, and strength. Classes are subject to cancellation due to outdoor weather conditions.

No class Tuesday, March 31st

Class will be held at the San Diego County Library (810 Imperial Beach Blvd.) until Thursday, March 26th

Location:
Veterans Park Rotunda

Days	Times	Ages	Quarterly Fee
T/TH	8:30 am - 9:00 am	50+	Free

FREE STRETCH & FLEX

Learn how to correctly activate and control stabilizing muscles, enhance independent living skills, and improve mobility. This class includes seated and standing exercises, stretching, and toning with small weights.

No class Monday, February 16th and Monday, May 25th.

Location:
San Diego County Library 810 Imperial Beach Boulevard



Days	Times	Ages	Quarterly Fee
M/W/F	8:30 am - 9:15 am	50+	Free

IB WALKIN' SENIOR WALKING GROUP



**AGES 50+
MON & WED 9:30 AM**

No class Monday, February 16th and Monday, May 25th.

This free walking program is developed by researchers at UC San Diego and is delivered in partnership with Imperial Beach Senior Community Center and Wisdom Walkers, Inc.

New participants will receive a free pedometer to track their steps, guided walks which include fun stops at local places of interest, social connection, and coaching support. Program is subject to cancellation due to outdoor weather conditions.

**Register online or in person at
the Senior Community Center**



ADULTS 50 & BETTER

SOCIAL ACTIVITIES

POKER & GAMES



Get your poker face on and join in on a round of cards! Playing cards are provided. New players are welcome, however there is no formal instruction.

Location:
Senior Community Center

Days	Times	Ages	Daily Fee
F	1:15 pm - 3:15 pm	50+	Free

CARDS, PUZZLES & GAMES

Enjoy some complimentary coffee while you have the opportunity to play several different card games, solve puzzles and play board games while meeting other members of the community.



No programs Monday, February 16th and Monday, May 25th.

Location:
Senior Community Center

Days	Times	Ages	Daily Fee
M/W	9:30 am - 11:00 am	50+	Free

SEWING



Bring your supplies and projects and meet others who enjoy sewing. Sewing machines are limited and are on a first-come first-serve basis.

Location:
Senior Community Center

Days	Times	Ages	Daily Fee
W	9:00 am - 11:00 am	50+	Free

BRIDGE ON FRIDAYS

This trick-taking card game is played with 4 players in two competing partnerships using a 52-card deck. Some knowledge of how to play required. Quarterly registration is required.

Location:
Senior Community Center

Days	Times	Ages	Daily Fee
F	8:30 am - 11:00 am	50+	Free



ADULTS 50 & BETTER

SOCIAL ACTIVITIES

ARTS & CRAFTS

Work on your own project, share ideas with others, or discover a new art form at our weekly arts & crafts social.

No programs Monday, February 16th and Monday, May 25th.

Location:

Senior Community Center

Days	Times	Ages	Daily Fee
M	9:30 am - 11:00 am	50+	Free



KARAOKE



Are you ready to sing your favorite karaoke song? Our monthly senior karaoke program welcomes all karaoke singers and listeners! We have open karaoke sign ups (first come, first served).

Location:

Senior Community Center

Days	Times	Ages	Daily Fee
F	1:15 pm - 3:15 pm	50+	Free
3rd Friday of the month			

LOTERIA

Test your luck and play Loteria, a Mexican card game, at the Senior Community Center! Light snacks are provided for the participants.



No experience needed!

Location:

Senior Community Center

Days	Times	Ages	Daily Fee
W	1:30 pm - 2:30 pm	50+	Free
1st Wednesday of the month			



Register for social activities online at: www.ibparksandrec.org

ADULTS 50 & BETTER



Imperial Beach Senior Community Center
1075 8th Street, Imperial Beach, CA 91932



SENIOR HEALTH CHATS

FREE Presentations by Scripps Hospital - 12:00 pm - 12:45 pm

Scripps Hospital brings quality presentations taught by experienced medical professionals.

Monday, March 2, 2026: Heart Health (Blood Pressure & Cholesterol)

Monday, April 6, 2026: Diabetes Awareness & Prediabetes

Monday, May 4, 2026: Bone Health & Osteoporosis

Breakfast & Lunch Program



SERVING
SENIORS

Monday - Friday from 12:00 pm - 1:00 pm

Dining Hall Open: 11:30 am - 1:15 pm

Saturday and Sunday meals distributed on Thursday and Friday

The dining hall is closed* Monday, February 16th, Tuesday, March 31st, and Monday, May 25th.



Serving Seniors provides fresh, nutritious hot lunches and take-home breakfasts daily for **ages 60 and above**. Suggested contribution is \$2.50 per meal but no eligible person shall be denied a meal because of failure or inability to contribute. Free coffee and tea during lunch program.

Can't make it in? Get nutritious meals delivered directly to your home! Call to sign up at (619) 235-6572.

"This project is supported by Older Americans Act funds by the County of San Diego Health & Human Services Agency, Aging & Independence Services."

FOR MORE INFORMATION, CONTACT:
Pansy Powers | Director of Nutrition Programs
(619) 487 - 0727 | pansy.powers@servingseiors.org

**Please note that the dining hall is closed on legal holidays observed by the City of Imperial Beach. During dining hall closures, meals can be delivered directly to your home. Please call (619) 235-6572 to schedule home-delivered meals.*

ADULTS 50 & BETTER

ADULTS 50+ CLASSES

Taught by Southwestern Community College

ART THERAPY



This class focuses on the use of art as a creative expression and a therapeutic process. Designed for older adults, this course is also appropriate for anyone who wants to enhance their quality of life.

SPRING 2026

NC-1053-E2: February 19th - March 26th

NC-1053-E3: April 9th - May 14th

Location:

Senior Community Center

Days	Times	Ages	Daily Fee
TH	1:30 pm - 3:20 pm	50+	Free

BODY DYNAMICS AND AGING PROCESS



This class provides instruction and conditioning for the maintenance of physical well-being, particularly for older adults. Focuses are on deep breathing, circulation, flexibility, stamina, body awareness, and rhythmic movements. It incorporates adapted techniques suitable for individuals of varied fitness levels and physical ability.

SPRING 2026

NC-34-E4: February 3rd - May 26th

Location:

Senior Community Center

Days	Times	Ages	Daily Fee
T/TH	7:30 am - 8:30 am	50+	Free

Senior Community Center staff can assist with registration questions and paperwork for all classes.

Register at www.swccd.edu/continuinged or call directly for assistance at **(619) 482 - 6376**

IMPERIAL BEACH LIBRARY



County of San Diego Library Spring Programming

Homework Help

Tuesdays 2/17 - 4/28

5:00 pm - 6:30 pm

No class Tuesday, March 31st

High school students will offer drop in homework help and reading practice for **grades K-7**. No registration required.

Design Heroes!

Thursday, March 19th

3:00 pm - 4:00 pm

Presented by The League of Amazing Programmers, give your child the thrill of making their very first video game! In this free, one-hour event, kids in **grades 3-8** will work alongside a live instructor to design a main character, add movement, and create simple challenges, then watch their game come to life. Space is limited. Registration is required at www.sdcl.org

Fun with Friends

2nd and 4th Wednesday of the Month

10:30 am - 12:30 pm

We welcome **adults** with disabilities and their caregivers to join us for fun unstructured activities. No registration required.

In Partnership with IB Parks & Recreation

Brick Builders

2nd & 4th Wednesday of the month

3:00 pm - 4:30 pm

Use your imagination to complete a brick building challenge or build whatever you'd like! **Ages 6-12 with a caregiver.**

Nature Tots

4th Thursday of the month

10:30 am - 11:30 am

Nature Tots is an exciting, interactive, and fun-filled educational program catered towards children **ages 2- 5 and their caregivers.**

**This program is in
partnership with:**



Announcement

The County Registrar of Voters will be using the Imperial Beach Library's Community Room for Poll Worker training between April 23, 2026 - May 22, 2026. The Community Room will not be available for use by the public during this time.

WANT TO TEACH A CLASS IN IMPERIAL BEACH?



The Imperial Beach Parks, Recreation and Community Services (PRCS) Department is looking for contract instructors* to teach classes, workshops and camps.

WHERE TO START

- 1 Fill out a contract instructor class proposal form
www.ibparksandrec.org
- 2 Email form to
parksandrec@imperialbeachca.gov
- 3 PRCS staff will contact you to setup an in-person or online meeting



LEARN MORE

CONTACT THE PRCS DEPARTMENT

parksandrec@imperialbeachca.gov | 619-423-8285

Contract instructor class proposal forms are not for those that want to reserve space and teach in parks with a permit. See **Programs in Parks for park permit information.*



Want to teach classes or programs in Imperial Beach Parks?

Become a **Programs in the Parks and Beach Permitted Instructor**

All **instructors** teaching programs and classes in Imperial Beach parks and beaches will need an approved permit.

Applications can be found online at www.ibparksandrec.org



How to become a Park or Beach Instructor?

- 1 Contact the Parks, Recreation and Community Services Dept. for a Programs in Parks Class Proposal.
- 2 Submit current certifications, if applicable.
- 3 If proposal is approved, meet with PRCS Dept. Staff to review and sign required paperwork.

All Contract Instructors Are Required To Have:

- Imperial Beach Business License
- Certificate of Insurance
- Current CPR Certification as applicable
- Signed Agreement with the PRCS Department

PARK DIRECTORY

STEVE'S PARK

975 Iris Avenue

Amenities: benches, native plants, memorial, butterfly garden and mural

DOG PARK

1075 8th Street

Amenities: benches, water fountain for pets, waste disposal, waste bags, double-gated entry

DUNES PARK

700 Seacoast Drive

Amenities: outdoor fitness court, outdoor basketball half court, play structure (under construction), showers, picnic tables, multiuse grass area, water fountains, restrooms, bike racks, public art, and benches

PORTWOOD PIER PLAZA PARK

940 Seacoast Drive

Amenities: picnic tables, large multiuse grass area, bike racks, restrooms, public art, "Surfhenge" art installation, benches



TEEPLER PARK PLAYGROUND

REAMA PARK

210 Elkwood Avenue

Amenities: picnic tables, multiuse grass areas, two play structures – ages 2 - 5 and 5 - 12, swing sets, pull up bars, outdoor fitness equipment, barbecue, and water fountain

SKATE PARK

425 Imperial Beach Boulevard

Amenities: in-ground concrete course, mini bowl with extensions, small clamshell, mini ramp halfpipe, quarter pipes, banks, ramps, stairs with handrails, and benches



VETERANS PARK FITNESS EQUIPMENT

SPORTS PARK

425 Imperial Beach Boulevard

Amenities: baseball/softball fields, outdoor basketball half court, skate park, multiuse grass fields, barbecues, picnic tables, two play structures – ages 2 - 5 and 5 - 12, restrooms, water fountains, recreational facility and gymnasium (under construction)

TEEPLER PARK

630 Florida Street

Amenities: multiuse grass field, two play structures – ages 2 - 5 and 5 - 12, picnic tables, barbecues, and four square concrete play zone

VETERANS PARK

1075 8th Street

Amenities: multipurpose turf field, inclusive play structure for ages 5 - 12, rotunda stage, outdoor fitness equipment, multipurpose grass area, walking trail, off-leash dog park, picnic tables, barbecue, restrooms, and water fountains

FOR MORE INFORMATION CALL (619) 423 - 8285

PARK RESERVATION PERMIT



VETERANS PARK

RESERVABLE PARKS

8:00 am - 5:00 pm

- Sports Park
- Veterans Park
- Reama Park
- Dunes Park
- Teeple Park

GENERAL INFORMATION

- Park use applicants must be 18+ years old
- Applications must be submitted at least 5 business days prior to your event date and can be made up to 6 months in advance
- Park reservations do not include the use of sports fields or adjacent facilities, which may simultaneously be occupied by other permitted groups
- Visit www.ibparksandrec.org for more information on park reservation fees and requirements



REAMA PARK PLAYGROUND



TEEPLER PARK

SUBMIT AN APPLICATION

Online

Submit your application online at www.ibparksandrec.org

In Person

Give us a call to schedule an in-person appointment with a Parks, Recreation and Community Services staff member.

(619) 423 - 8285

FOR MORE INFORMATION CALL (619) 423 - 8285

FACILITY RENTALS



SENIOR COMMUNITY CENTER

FIND A VENUE FOR YOUR NEXT EVENT! SENIOR COMMUNITY CENTER



BUILDING 1

Reserve the Senior Community Center for your meetings, parties and celebrations! The center is located at 1075 8th Street, Imperial Beach, CA 91932.

The Senior Community Center is available year-round for various occasions. Please note that legal holidays observed by the City of Imperial Beach are not available for rental.



BUILDING 2



PATIO

To learn more information on available rental options and requirements, contact the Imperial Beach Parks, Recreation and Community Services Department by phone at **(619) 423 - 8285** or by email at **parksandrec@imperialbeachca.gov**.

FOR MORE INFORMATION CALL (619) 423 - 8285

REGISTRATION FORM

Primary Account Information

Adult/Guardian First Name:	Adult/Guardian Last Name:
Date of Birth (DD/MM/YYYY):	Gender & Pronouns:
Address:	Apartment Number:
City:	Zip Code:
Primary Phone:	Secondary Phone:
Email (required for online registration):	

Emergency Contact Information

Emergency Contact First Name:	Emergency Contact Last Name:
Relationship (friend, sibling, spouse, etc.):	Emergency Contact Phone:
Emergency Contact Email:	

Participant's First & Last Name	Gender & Pronouns	Date of Birth (DD/MM/YYYY)	Class/Activity Name	Fee \$
TOTAL FEES:				_____

REFUND POLICY: Full payment is required at the time of enrollment. Refunds will be considered if requested at least two weeks (14 calendar days) prior to the start date. A \$5 processing fee will be applied to all refund requests. **For full refund policy please visit www.ibparksandrec.org or contact Parks, Recreation and Community Services Department staff.**

READ, SIGN AND DATE WAIVER/RELEASE. Registration cannot be completed until waiver is signed below.

The undersigned fully understands that my/my child's participation in the above events/classes exposes my child or me to the risk of personal injury, death, communicable diseases, illnesses, viruses, or property damage. I hereby acknowledge that participation in these events/classes is voluntary and agree to assume any such risks. I hereby release, discharge and agree not to sue the City of Imperial Beach or its officers, employees or agents, for any injury, death or damage to or loss of personal property arising out of, or in connection with, my/my child/children's participation in the event/class from whatever cause, including the active or passive negligence of the City of Imperial Beach or its officers, employees or agents, or any other participants in the event/class. In consideration for being permitted to participate in these events/classes, I hereby agree, for myself, my heirs, administrators, executors, and assigns, that I shall indemnify and hold harmless the City of Imperial Beach from any and all claims, demands, actions or suits arising out of the connection with my/my child/children's participation in these events/classes. I have carefully read this release, hold harmless, and agreement not to sue and fully understand its contents. I am aware that it is a full release of all liability and sign it on my own free will.

I assign to the City of Imperial Beach and its officers, employees and agents, all rights to any photographs and/or video taken of me/my child/children and/or any organization(s) represented by me, and any printed matter in conjunction with such photographs and/or video hereinafter referred to as MATERIAL, for advertising and marketing purposes. I hereby authorize the City of Imperial Beach to reproduce, copy, exhibit, publish or distribute any and all such MATERIAL. I and/or any organization(s) represented by me understand and agree that the City of Imperial Beach will be held free and clear of any responsibility or claim for any liability directly or indirectly associated with the use of said MATERIAL.

SIGNATURE: _____ **DATE:** _____

For More Information: www.ibparksandrec.org | parksandrec@imperialbeachca.gov | 619-432-8285

Staff: _____ Date: _____ Visa | Mastercard | Discover | AMEX



CONNECT ONLINE

Never miss a moment! Join our online community and learn about important updates, upcoming events, and program information.

 www.ibparksandrec.org

 @ibparksandrec

 [ibparksandrec](https://www.facebook.com/ibparksandrec)

City of Imperial Beach
825 Imperial Beach Blvd,
Imperial Beach, CA 91932
(619) 423 - 8285

